

Be your true self and design the life you love!



InnerBrilliance Coaching

*Create a Life + Career
You Love!*

Life Results with Ease & Joy

"Happiness is to be found along the way, not at the end of the road, for then the journey is over and it is too late. Today, this hour, this minute is the day, the hour, the minute for each of us to sense the fact that life is good, with all of its trials and troubles, and perhaps more interesting because of them."

Robert R. Updegraff - Business Advisor

Agenda

- Introduction

- Get Results AND Be Happy
 - Uncover Possibilities
 - Clarify What's Important
 - Identify Focus Areas

- Develop Desired Outcomes
 - Life Areas
 - Inspired Next Steps

Get ready for a new way of living.

Set the stage for a life you love!

Uncover Possibilities

Your REAL Essence Questionnaire

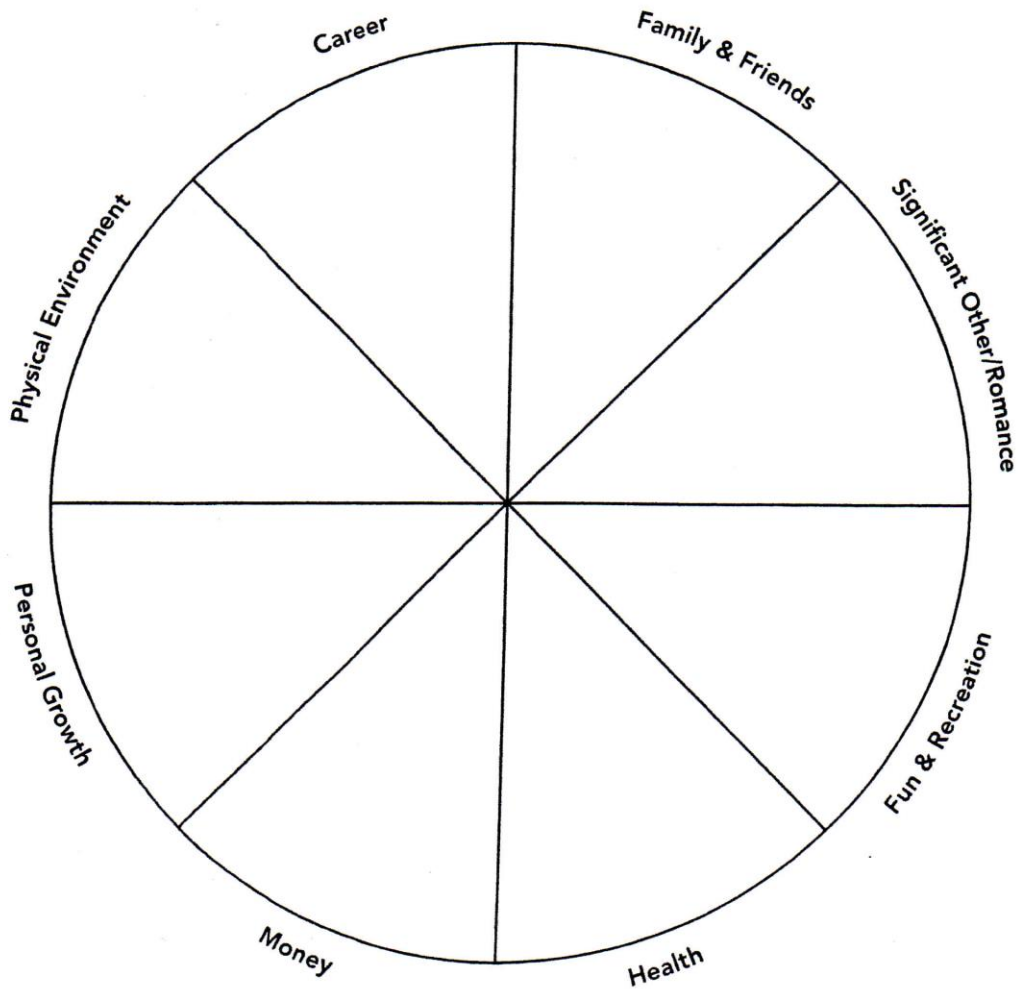
1. Look forward 20 years...you are attending a function where someone is giving a speech about YOU! What would you want them to say?
2. If time and resources were not a concern, describe the things you long to do?
3. What's missing in your life, the presence of which would have your life be more fulfilling?
4. What two steps could you take that would make the biggest difference in your situation?
5. In looking back at all things you've done, what gives you your greatest feeling of importance/fulfillment?

Clarify What's Important

Peak Experience

List of Values

Identify Focus Areas



Develop Desired Outcomes

Values						
Life Area						
Career						
Health						
Romance						
Fun						
Environment						
Family						
Friends						
Financials						
Personal Growth						

Inspired Insights

- 1.
- 2.
- 3.

Develop Desired Outcomes

Example

- Life Area
 - Career
- Values
 - Energy, Connectedness, and Career Accomplishments
- Strategies
 - I establish good relationships.
- Outcome
 - My dream career energizes me as I make connections and achieve success.
- Inspired Next Steps
 - Feb: Set up 1 meeting per week to connect with my network.

Desired Outcome #1

- Life Area
 -
- Values
 -
- Strategies
 -
- Outcome
 -
- Inspired Next Steps
 - Jan:
 - Feb:
 - Mar:

Make It Happen

- 1.
- 2.
- 3.
- 4.
- 5.

Offers + Sign Up

Complimentary Consultation | [Learn More](#) or [Schedule It](#)

Newsletter & Gift | [4 Simple Steps to Stop Anxiety](#) (or Text "InnerBrilliance" to 22828)

Book Announcement | [Create Your Ideal Life: A Complete Guide for High-Achievers to Find Success AND Happiness in Life + Work + Love](#)

Webinar | [Make It Happen – Execute Your Goals](#) (Mar 2)

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