



Be Perfectly You!

Achieve Results...

With Ease & Joy

Let Go of Doubt

&

Become the Leader of Your Life



Let Go of Doubt & Become the Leader of Your Life

Agenda

- Introduction (11 am – 11:15 am)
 - Achieving life results

- Where are you currently? (11:15 am – 11:35 am)
 - Understand what holds you back

- How can you be motivated for the future? (11:35 am to 11:55 am)
 - Create inspiration for the life you love

- Closing and Questions (11:55 am)
 - Support for Transformation

"Happiness is to be found along the way, not at the end of the road, for then the journey is over and it is too late. Today, this hour, this minute is the day, the hour, the minute for each of us to sense the fact that life is good, with all of its trials and troubles, and perhaps more interesting because of them."

(Robert R. Updegraff - Business Advisor)



Let Go of Doubt & Become the Leader of Your Life

Saboteur

Self-Limiting Beliefs

Name

Re-Framed Statements



Let Go of Doubt & Become the Leader of Your Life

Be Perfectly YOU!

➤ **Saboteur**

- Name:

- Reframed Statements:

➤ **Future Self**

- Dwelling:

- Name/Essence:

- Outstanding Memory:

- Advice:

➤ **Stay Connected**

- Sign Up
 - [Newsletter + Gift](#) (4 Simple Steps to Stop Anxiety)
 - [Complimentary Consultation](#)

- Social Media
 - *Facebook* – [InnerBrilliance Coaching](#)
 - *Instagram* – [InnerBrilliance Coaching](#)
 - *Linkedin* – [Rosie Guagliardo](#)

Rosie@InnerBrillianceCoaching.com
InnerBrilliance Coaching, LLC
www.InnerBrillianceCoaching.com